

CENTRAL MIDDLE SCHOOL 2011 | RUN LIKE!  
THE WIND!  
**MUSTANG STAMPEDE**

**SUNDAY, OCTOBER 23RD, 2011**

**IMPORTANT SAFETY AND REGISTRATION INFORMATION:**

- **EARLY CHECK-IN -- SATURDAY, 10/22, 3-5PM AT ROAD RUNNER SPORTS.** CMS WILL RECEIVE \$10 FOR EVERY PARTICIPANT THAT CHECKS IN EARLY!
- **DAY OF CHECK-IN -- SUNDAY, 10/23, 8-8:45 AM IN MUSTANG HALL --** PICK UP YOUR FAMILY'S RACE BIBS, T-SHIRTS AND AND MEAL WRIST BANDS.

***STUDENTS MUST HAVE A PARENT ON SITE WHILE THEY RUN, &  
A WAIVER MUST BE SIGNED BY A PARENT IN ORDER TO PARTICIPATE!***

- **CENTIPEDE JUDGING WILL BE AT 8:30AM IN MUSTANG .**
- **NO BIKES OR SCOOTERS WILL BE ALLOWED --** THIS IS TO ASSURE THE SAFETY OF ALL THE RUNNERS AND WALKERS.
- **PARTICIPANTS WILL BE GROUPED AT 8:45 AM** AT THE STARTING LINE (ON BLACKTOP NEXT TO BAND ROOM).
- **STAGGERED START TIMES:**
  - 9AM- COMPETITIVE RUNNERS
  - 9:15AM- JOGGERS, OR "FUN RUN" RUNNERS
  - 9:25AM- CENTIPEDES, COSTUMES AND WALKERS

**PLEASE REMEMBER:**

- THERE WILL BE VOLUNTEERS IN **ORANGE** VESTS ALONG THE ROUTE TO HELP WITH TRAFFIC. **PLEASE PAY ATTENTION AND LISTEN TO THEM.**
- **SAFETY COMES FIRST! BE CAREFUL AND CONSCIENTIOUS OF OTHERS.**
- **PARTICIPANTS MUST STAY ON THE SIDEWALKS AT ALL TIMES.**

**COFFEE AVAILABLE AFTER 7:30AM (MUST HAVE \$2 COFFEE OR \$10 BREAKFAST WRIST BAND)**

**PANCAKE BREAKFAST STARTS AT 9:30AM**

**AWARDS CEREMONY IMMEDIATELY FOLLOWING THE RACE!**

QUESTIONS? PLEASE CONTACT JENNIFER WEBB AT [JBW614@GMAIL.COM](mailto:JBW614@GMAIL.COM).